



COPACI

PAN AMERICAN
MOUNTAIN BIKE
CHAMPIONSHIPS
AT SOLDIER HOLLOW



TECHNICAL GUIDE

This technical guide covers valuable information needed for participation in the mountain biking activities for riders in the UCI categories.

TABLE of CONTENTS

Welcome	p 1
COPACI / SOHO Festival	p 2-3
Contacts	p 4-5
Directions & Lodging	p 6-7
Airports & Venue Details	p 8-9
Participation / Eligibility	p 10-11
Categories	p 12
Registration	p 13-17
Requirement & Points	p 18-19
Payouts & Start Order	p 20-21
Severe Weather / Communications Plan	p 22-23
Competition Schedule	p 24-27
Course Maps	p 28-32
Timing & Anti-Doping	p 33
SafeSport	p35



WELCOME

Dear Presidents:

USA Cycling is excited to host the 2024 Pan American Mountain Bike Championships from May 8-12. We are delighted to support your delegation of athletes, staff and leadership. Our venue, the Soldier Hollow Nordic Center, is best known as a ski racing venue at the 2002 Salt Lake City Winter Olympics. But it has hosted UCI mountain bike races for several years, and we believe you will be impressed both by the race course and the incredible natural beauty surrounding you in every direction.

Here in the United States, this event has very special significance because our country has never before held the Pan American Mountain Bike Championships. Given that our nation is the birthplace of mountain biking, we believe this is long overdue, and we are honored to be entrusted by the COPACI Management Committee to hold this event at long last.

We would like to express our deepest thanks to you for making the journey to the United States, and for being part of an event that should create lifelong memories. Both Park City and Salt Lake City are nearby, and they offer breathtaking scenery and countless tourist attractions. I hope you're able to take some time between competitions to experience everything the community has to offer.

Thank you again for being part of such a special week. USA Cycling is here to serve you during your entire stay, and we would encourage you to contact us if we can help in any way with your time here in Utah.

We look forward to seeing you in person, and we wish your team the best of luck.

Brendan Quirk

BRENDAN QUIRK
CEO & President | USA Cycling



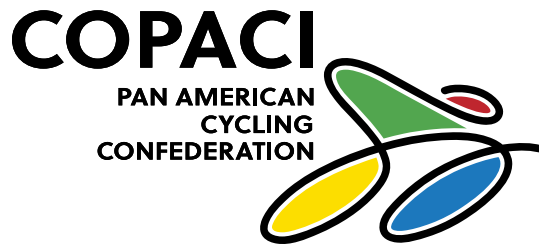
COPACI

The Pan American Cycling Confederation (COPACI) was established on September 24th, 1922, in Montevideo, Republic of Uruguay.

It is an autonomous body comprising National Federations or Associations from the American continent, which are UCI members and fully recognized as the unique authorities of Cycling from their respective National Committees. The headquarters is to be found at the hometown of the President of the Confederation.

COPACI is the governing body of Cycling activities in America. It interacts with 40 National Federations and other 4 with a special status because of their affiliation to Great Britain and France, with The Pan American Sports Organization (PASO), the National Olympic Committees, the UCI and regional sports organizations.

Likewise, it is the common representative of Cycling in the American continent recognized by the Olympic movement and promoted by the International Olympic Committee, along with the UCI and PASO Statutes and Regulations.



SOLDIER HOLLOW & THE SOHO BIKE FESTIVAL



Nestled above the picturesque town of Midway and resting in the shadow of the Wasatch Mountains lies Soldier Hollow Nordic Center at Wasatch Mountain State Park. Although it is primarily known as an Olympic venue, Soldier Hollow hosts a variety of activities throughout the fall, spring and summer. Athletes at world-class levels and weekend enthusiasts can enjoy the facility on a year-round basis.

Soldier Hollow is in the southeastern-most part of Wasatch Mountain State Park, a 21,592 acres nature preserve created in 1961, which became a state park in 1968. The Soldier Hollow venue was one of only three which was built and designed by the Salt Lake Organizing Committee (SLOC) specifically for the 2002 Winter Olympics: with the others being the Utah Olympic Park and Utah Olympic Oval.

During the 2002 games Soldier Hollow hosted the biathlon, cross-country skiing, and Nordic combined events. The venue itself hosted 64,160 biathlon spectators, 99,320 cross-country spectators, and 1,794 Nordic combined spectators during these events. To this day, Soldier Hollow continues to play an integral role in the development of youth and elite Nordic skiers with year-round training, and competitions from junior championships to biathlon world cups.

The primary building on the Soldier Hollow Nordic Center grounds is the beautiful awarding-winning Lodge, which can be booked for wedding receptions, family gatherings and other functions. The Competition Center serves as the nerve center for major events, ranging from U.S. Cross Country Skiing Championships to the annual Soldier Hollow Classic Sheepdog Championships.

ADDRESS

2002 Soldier Hollow Lane
Midway, Utah 84049

CONTACT

Main Lodge
(435) 654-2002
sohguestservices@uolf.org

CONTACTS: STAFF & OFFICIALS

USA CYCLING

Kyle Knott | Director of National Events
(719) 920-7563

Alec Pasqualina | Director of MTB & Athlete Development
(925) 683-2920

Steve McCauley | Foundation | Director of Program & Donor Services
(719) 210-2348

MEDALIST SPORTS

Chris Aronhalt | President / Owner
(678) 787-5878

Chris Reed | VP Technical
(678) 640-9003

Valecia Frasier | Operations Director
(719) 465-9194

Art Daves | Production Director
(208) 720-5095

SOLDIER HOLLOW (VENUE)

Luke Bodensteiner | Chief of Sport Development/GM
(435) 901-8872

Josh Korn | Event Manager
(801) 624-0809

TIMING SERVICES

Jon Gallagher | Owner/President, One2Go
(435) 901-8872

Tom Mains
(609) 638-4833

OFFICIALS

Mylene Lefebvre | PCP

Jim Bratrud | UCI PCP (SOHO Bike Fest only)

Tobin Behling | Assistant PCP

Cath Jett | Secretary

Leslie Ramsay | Secretary

Holly Blanco | Chief Judge

Gal Alon | Commissaire

David Fowkes | Commissaire

Kris Hintze | Commissaire

Cyndi Smith | Commissaire

Cindy Yorgason | Commissaire

CONTACTS: MEDICAL SERVICES

HOSPITALS

INTERMOUNTAIN HEALTH HEBER VALLEY HOSPITAL
454 East Medical Way, Heber City, UT 84032
(435) 654-2500

UTAH VALLEY HOSPITAL
1034 N 500 W, Provo, UT 84604
(801) 357-7850

COMPETITION VENUE

INTERMOUNTAIN | HEALTHCARE
Robyn Hase
robyn.hase@imail.org
(435) 640-3452

OFFICIAL MEDICAL & SPORTS PERFORMANCE PARTNER



DIRECTIONS

Soldier Hollow is located 55 miles and approximately one (1) hour from the Salt Lake International Airport.

NEARBY TOWNS

- Midway: 3 Miles
- Heber City: 6 Miles
- Park City: 21 Miles
- Orem: 24 Miles
- Salt Lake City: 49 Miles

From Salt Lake City, take I-80 East to Silver Creek Junction (exit 146). Go east on U.S. 40 past Jordanelle Reservoir toward Heber City. Take right turn on State Road 113 (100 South) to Midway. Take a left on 113 in Midway, and travel two miles. Turn right (Tate Lane) just before the railroad tracks and follow signs to Soldier Hollow. Located in Wasatch Mountain State Park, Soldier Hollow is about 53 miles from downtown Salt Lake City.

From Park City, take State Road 248 East to U.S. 40 to Heber City and then follow above directions to Soldier Hollow.

From Provo, take U.S. 189 through Provo Canyon. Immediately at the end of Deer Creek Reservoir, turn left on Route 113 and follow signs to Soldier Hollow.



LODGING

ZERMATT UTAH RESORT & SPA

435.937.6288 | 800.ZERMATT

<https://zermattresort.com/>

784 W Resort Dr. Midway, Utah 84049

Zermatt Utah Resort & Spa in Midway offers event participants 15% off the best available rate.

*All rates subject to applicable taxes and \$25 resort fee.

Reservations can be made by contacting the reservations office and identify yourself with "Soldier Hollow."

CAMPING

Camping at Soldier Hollow/Wasatch Mountain State Park is available on a limited basis and by advance reservations only. Reserve your spot at <https://www.bikereg.com/soho-bike-fest>.

Additional local camping may be available through www.utahstateparks.reserveamerica.com

Wasatch Mountain State Park and Deer Creek State Park, River's Edge RV Park and Campground or Mountain Valley RV Resort in Heber City.



AIRPORT/TRAVEL

SALT LAKE CITY INTERNATIONAL AIRPORT (SLC)

<https://slcairport.com>

50 miles/80km to venue

RENTAL CAR INFORMATION

All rental car options are available, as well as parking at the venue.

From Salt Lake City International Airport (SLC), please visit <https://slcairport.com/parking-and-transportation/rental-cars-2/>

WEATHER

In May, daily high temperatures range from 61°F to 71°F, rarely falling below 47°F or exceeding 82°F.

Daily low overnight temperatures range from 39°F to 47°F, rarely falling below 31°F or exceeding 55°F.

VENUE DETAILS

ADDRESS

2002 Soldier Hollow Lane
Midway, Utah 84049

HOURS

XC Trails Open Daily

CONTACT

Main Lodge | (435) 654-2002 | sohguestservices@uolf.org

WEBSITE

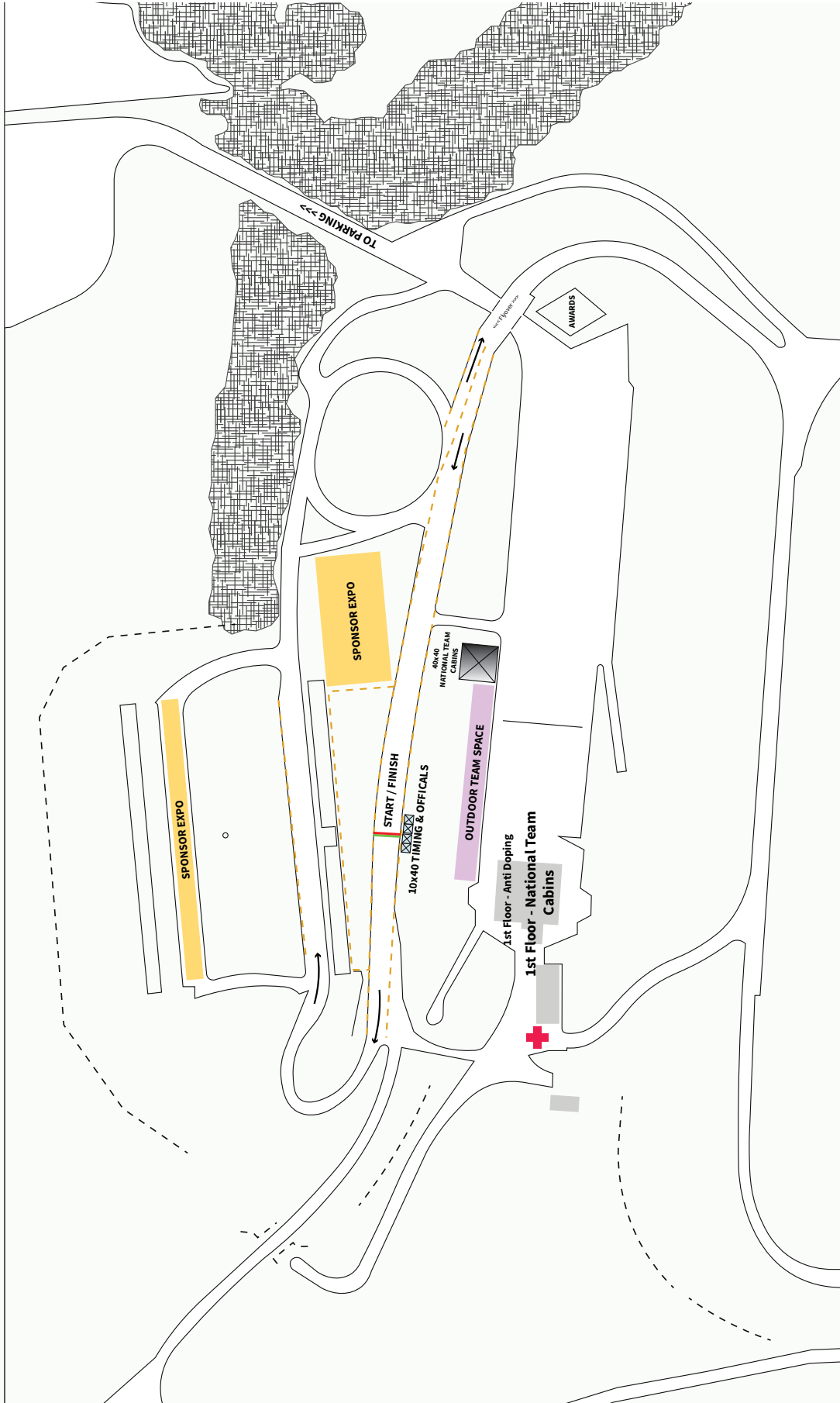
<https://utaholympiclegacy.org/location/soldier-hollow/>

<https://utahmtbpanam.com/>



VENUE MAP

- Bike Wash
- Rented Tent
- Vendor Tent
- USAC Truck
- USAC Trailer
- Generators
- Bike Mechanic
- Toilets
- Fence
- Road Closure
- Food Trucks
- Results
- Vehicles
- Police
- Walking Paths
- Course



PARTICIPATION & ELIGIBILITY

The championship competitions will be held under the regulations of the UCI.

All National Federations affiliated to the Pan American Cycling Confederation (COPACI) are eligible to participate.

All athletes competing in the Elite, U23, Junior 17-18, and Masters championship events are required to hold and present a current UCI license (Cat 1 and 2, are eligible) with a sporting nationality affiliated to a country within COPACI.

Per UCI regulation athletes competing as an Elite, U23 and Junior 17-18 must wear their federations cycling kit

Masters and Under 16 Athletes are not required to wear their national federations cycling kit during racing. This is optional! Athletes may wear their federations kit if preferred.

All nations and categories – Juniors, Elite, U23, Masters; except for the US and Canada, must present a current permission letter from their federation indicating their riders are in good standing and have the required insurance to race outside of their country. Permission letters from your respective federation must be presented when upon check-in at registration.

According to the UCI articles 4.1.002 to 4.1.005 competitions are open to competitors as follows:



PARTICIPATION & ELIGIBILITY

CROSS-COUNTRY OLYMPIC (XCO)

Men / Women Elite

Men / Women U23

Men / Women Junior

Men / Women Master

Men/Women 15-16

Men/Women 12-14

CROSS-COUNTRY SHORT TRACK (XCC)

Men / Women Elite

TEAM RELAY (XCR)

Team Composition

Each nation may enter only a single team

Men Elite by Women Elite or Men under 23 or Men Junior or Women under 23 or Women Junior

Women Elite by Women under 23 or by Women Junior

Men under 23 by Women Elite or Women under 23 or Men Junior or Women Junior

Women under 23 by Women Junior; Men Junior by Women Junior

XCR

The team manager must submit the team composition on the form provided to identify the names and categories of the riders making up their team and their start order to the chief commissaire's panel at the end of the team managers' meeting. This start order may not be altered subsequently

The exchange boxes will be allocated on the basis of the results of the team relay event in the preceding continental championships. The order of nations not placed will be determined by drawing lots. The first nation will be installed in box number 1 and so on.

ATHLETES 16 YEARS OF AGE AND UNDER

United States athletes may enter on a domestic license, international (UCI) license or a 1-Day USA Cycling license. International athletes only may enter on an international (UCI) license issued by their federation

NON-CHAMPIONSHIP EVENTS—PARTICIPATION & ELIGIBILITY

The non-championship competitions will be held under the regulations of USA Cycling and are open to anyone holding a current UCI or domestic license with USA Cycling or a current UCI license from another country

In addition, the non-championship races are restricted by age and category.

BIRTH YEAR

2001 and older (race age 23 and older)

2002, 2003, 2004, and 2005 (race age 19 – 22)

2006 and 2007 (race age 17 and 18)

1989 and older (race age 35 and older)

2008 and 2009

2010, 2011 and 2012

BIRTH YEAR

2005 and older (race age 19 and older)

REQUIREMENTS

Each rider selected must already be entered for the Cross-country Olympic event

The minimum number of teams for the Team Relay is five. If less than five teams are registered for the Team Relay the event will be removed from the schedule and not contested

CATEGORIES

UCI MTB XCO

WOMEN			MEN		
CATEGORY	RACE AGE	BIRTH YEAR	CATEGORY	RACE AGE	BIRTH YEAR
USAC Junior Women	12-14	2010-2012	USAC Junior Men	12-14	2010-2012
USAC Junior Women	15-16	2008-2009	USAC Junior Men	15-16	2008-2009
Women Junior	17-18	2006-2007	Men Junior	17-18	2006-2007
Women U23	19-22	2002-2005	Men U23	19-22	2002-2005
Women Elite	23+	2001 and earlier	Men Elite	23+	2001 and earlier
Master Women	35-39	1985-1989	Master Men	35-39	1985-1989
Master Women	40-44	1980-1984	Master Men	40-44	1980-1984
Master Women	45-49	1975-1979	Master Men	45-49	1975-1979
Master Women	50-59	1974-1965	Master Men	50-54	1970-1974
Master Women	60+	1964 and earlier	Master Men	55-59	1965-1969
			Master Men	60-64	1960-1964
			Master Men	65+	1959 and earlier

NOTE: For a Pan American Championship to be contested and awarded, it is necessary to have at least 3 countries present per category at the time of the start of the respective event. If necessary, and prior arrangement of the commissaire's panel in charge of the event, categories (age groups) may be grouped in order to meet this requirement.

UCI MTB XCC

UCI MTB XCE

CATEGORY	RACE AGE	BIRTH YEAR	CATEGORY	RACE AGE	BIRTH YEAR
Men	19+	2005 and earlier	Men	17+	2005 and earlier
Women	19+	2005 and earlier	Women	17+	2005 and earlier

UCI MTB XCR (TEAM RELAY)

CATEGORY	RACE AGE	BIRTH YEAR
Men Elite	23+	2001 and earlier
Women Elite	23+	2001 and earlier
Men U23	19-22	2002-2005
Women U23	19-22	2002-2005
Men Junior	17-18	2006-2007
Women Junior	17-18	2006-2007

IMPORTANT: All riders on the Team Relay must also be registered for the Pan Am Championship XCO event.

The minimum number of teams for the Team Relay is five. If less than five teams are registered for the Team Relay, the event will be removed from the schedule and not contested.

RIDER REGISTRATION

USA Athletes, please refer to the Selection Guidelines document that includes everything you need to compete:



SELECTION GUIDELINES

Participating countries must send the pre-registration forms of the Athletes, Delegates, Mechanics, and other team staff participating in this competition no later than April 9, 2024 to the following email: info@medalistsports.com.

Only one Entry Form per Category and Specialty must be submitted. Deadline for official registration is **MAY 6, 2024**.

The participation quota per country is open, with no limitations on the number of athletes per category or discipline.

Countries participating in the Team Relay, must submit the team composition on the form provided to identify the names and categories of the riders making up their team, and their start order. to the President of the Commissaire's panel at the end of the team manager's meeting. The start order may not be altered. For team composition requirements, see the Team Relay section.

Online registration is also available: [HTTPS://WWW.BIKEREG.COM/64290](https://www.bikereg.com/64290)

HOW TO REGISTER FOR THE EVENT

To register yourself for an event, perform the following steps:

Click the link above for the registration site.

Scroll down and choose your category.

Click "Register with Account" if you have a profile or to create a profile on that athleteReg site. You may also choose to "Continue as Guest."

Enter or review your contact details, answer any event director questions and read and initial any waivers. If you are a new member, you can create a user name and password here if you wish to save your profile for future registrations.

Click "Checkout."

Review your order, and then read and check the box regarding refunds, and select "PayPal Checkout" or "Pay by Credit Card."

Enter your credit card information and double check to make sure the billing information is accurate.

Click "Submit Payment" to pay securely online.

You will receive confirmation on screen and by email that your registration has been successful.

RIDER REGISTRATION

REGISTRATION

ELITE MEN U23, 17-18

NUMBER	FULL NAME	CATEGORY	UCI ID	PASSPORT#
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				



REGISTRATION

ELITE WOMEN U23, 17-18

NUMBER	FULL NAME	CATEGORY	UCI ID	PASSPORT#
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				

STAFF

NUMBER	FULL NAME	UCI ID	PASSPORT#
1			
2			
3			
4			

RIDER REGISTRATION

MEN'S RIDER CONFIRMATION

#	FULL NAME	CATEGORY	UCI ID	XCO	XCE	XCR	XCC
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

XCO Olympic

XCE Eliminator

XCR Team Relay

XCC Short Track



WOMEN'S RIDER CONFIRMATION

#	FULL NAME	CATEGORY	UCI ID	XCO	XCE	XCR	XCC
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

XCO Olympic

XCE Eliminator

XCR Team Relay

XCC Short Track

MEMBERSHIP / LICENSE REQUIREMENTS

All athletes competing in the Elite, U23, Junior 17-18, and Masters championship events must hold and present a current 2024 UCI license with a sporting nationality affiliated with a COPACI National Federation.

RESULTS

Live race results will be available at:



LIVE LYNX RESULTS

MEETING SCHEDULE

WEDNESDAY, MAY 8TH

9:00 AM –10:30 AM

Competition Technical Meeting - All Federations

WEBSITES

BIKereg.COM

<https://www.bikereg.com/64290>

EVENT WEBSITE

<https://utahmtbpanam.com>



POINTS

CONTINENTAL CHAMPIONSHIPS XCO POINTS

RANK	ELITE	U23	JUNIOR	TEAM RELAY*
1	150	75	60	100
2	120	55	40	75
3	100	45	30	60
4	90	40	25	50
5	80	35	20	40
6	70	30	18	30
7	60	25	16	25
8	50	20	14	20
9	40	15	12	10
10	38	10	10	5
11	36	8	8	
12	34	6	6	
13	32	4	4	
14	30	2	2	
15	28	1	1	
16	26			
17	24			
18	22			
19	20			
20	18			
21	16			
22	14			
23	12			
24	10			
25	8			
26	6			
27	5			
28	4			
29	3			
30	2			

* THE POINTS ARE NOT AWARDED TO THE RIDERS BUT THE NATION

PAYOUTS

XCC POINTS	
RANK	ELITE
1	70
2	65
3	60
4	55
5	50
6	45
7	40
8	35
9	30
10	25
11	20
12	19
13	18
14	17
15	16
16	15
17	14
18	13
19	12
20	11
21	10
22	9
23	8
24	7
25	6
26	5
27	4
28	3
29	2
30	1

MEN	WOMEN
TEAM MIXED RELAY	
\$5,400 total purse	
1st \$2,400	
2nd \$1,800	
3rd \$1,200	
ELIMINATOR-XCE	ELIMINATOR-XCE
\$3,000 purse	\$3,000 purse
1st \$700	1st \$700
2nd \$500	2nd \$500
3rd \$300	3rd \$300
SHORT TRACK-XCC	SHORT TRACK-XCC
\$3,000 purse	\$3,000 purse
1st \$700	1st \$700
2nd \$500	2nd \$500
3rd \$300	3rd \$300
XCO	XCO
\$4,800 purse	\$4,800 purse
1st \$1,000	1st \$1,000
2nd \$800	2nd \$800
3rd \$600	3rd \$600
NO PRIZE MONEY FOR MASTERS, JUNIORS OR U23.	

REGULATIONS

The Elite, U23, and Junior 17-18 categories will be run under the Union Cycliste Internationale (UCI) regulations, which can be found at [HERE](#). This includes the XCC (short track), XCR (Team Relay), and XCE (Eliminator) events.

Masters (35+) and Juniors 16 and under events will be run under the USA Cycling regulations, which can be found [HERE](#).



RACE NUMBERS

Riders will be issued a frame plate and transponder at rider confirmation. Rider numbers must not be cut, folded, or modified in any way, participant waiver must be signed by each rider. Only riders with race plates will be permitted on course during official training. Altering, cutting or placing of unauthorized sponsors' logos on race plate will result in a fine and/or disqualification. This includes writing on the race plate with a marker. "

START ORDER

The start order is determined as follows:

XCO & XCC—MEN ELITE, WOMEN ELITE, MEN U23, & WOMEN U23

1. As per the last published UCI XCO individual ranking.
2. Unclassified riders: by random order.

XCO—MEN JUNIOR (17-18), WOMEN JUNIOR (17-18)

1. As per the last published UCI XCO junior individual ranking.
2. Unclassified riders: by random order

XCO—MASTERS (35+), USAC JUNIOR 12-14, USAC JUNIOR 15-16

1. Random order

ELIMINATOR

Start procedure: Heats

1. All heats – maximum of 4 riders
2. Riders wait in the start box before being called up
3. The start commissaire will call the riders to their start place by UCI individual ranking
4. The lowest number (number plate after the time trials) called to start box first

TEAM RELAY

1. As per the published UCI XCR team ranking and by UCI individual Ranking

AWARDS

Please see the competition schedule for schedule of AWARDS. Awards to follow each session of racing each day.

FEED/ TECH ZONE

There will be one designated Feed Zone & one designated tech zone that will be located on course. Feeding and Technical support may only be provided in this Zone.

All individuals who are feeding or providing technical support must register with the individual or team that they are supporting.

Riders may not turn back on the course to reach a feed/technical assistance zone. Any rider doing so will be disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.

SEVERE WEATHER GUIDELINE

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion or other dangerous conditions.

In preparation for the upcoming Pan American Mountain Bike Championships in Soldier Hollow, UT, USA; Utah Olympic Legacy Foundation, USA Cycling, Medalist Sports and a cross section of key constituents have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the following group would be empaneled to make decisions regarding the conduct of the race(s):

- Race Director, Medalist Sports: Chris Reed
- President, Medalist Sports: Chris Aronhalt
- Kyle Knott, USA Cycling, National Events Director
- Soldier Hollow: Luke Bodensteiner, Josh Korn
- President of the Commissaire Panel: Mylene Lefebvre

Other staff and experts may be included and consulted based on specific conditions.

CONVENING THE PANEL

This panel would be immediately convened under the following circumstances:

- A NOAA special weather statement is issued for the race venue.
- Severe cold/heat and/or wind anticipated within 72 hours.
- Freezing rain, heavy snow or other threatening precipitation is forecast.
- Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.
- Trail conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes. Any member of the panel would also be empowered to request that the group convene based on conditions outside of those mentioned above.



ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action - monitor situation
- Modification of the course
- Change of start times
- Combining of classes and categories
- Shortening of individual races
- Change of start date
- Cancellation

In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

COMMUNICATIONS PLAN

Status updates, and if needed revised schedules, will be communicated to the affected parties through a variety of methods:

An e-mail update will be sent directly to registered athletes/participants by USA Cycling.

USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers.

Venue announcements will be used in the case of on-site modifications and notifications, using Public Address System and posted materials at Race Office/Awards Stage.

Credentialed media will be provided with updates through USA Cycling communications staff.

COMPETITION SCHEDULE

DATE	TIME	RACE	COURSE	RACE TIME
WEDNESDAY 8-MAY	8:00 AM- 4:00 PM	Registration		
	8:30 AM - 11:30 AM	Training - XCO / XCE		
	9:00 AM - 10:30 AM	Competition Technical Meeting - All Federations		
PAN AM CHAMPIONSHIP — MASTERS WOMEN XCO				
	12:00 PM	35-39 women	4.8k Blue Course	45 min
	12:01 PM	40-44/45-49 women	4.8k Blue Course	45 min
	12:02 PM	50-59/60+ women	4.8k Blue Course	45 min
	To Follow	Awards		
PAN AM CHAMPIONSHIP — MASTERS MEN XCO				
	1:00 PM	50-54 men	4.8k Blue Course	45 min
	1:01 PM	55-59 men	4.8k Blue Course	45 min
	1:02 PM	60-64/65+ men	4.8k Blue Course	45 min
	2:00 PM	35-39 men	4.8k Blue Course	60 min
	2:02 PM	40-44 men	4.8k Blue Course	60 min
	3:10 PM	45-49 men	4.8k Blue Course	60 min
	To Follow	Awards		
	4:10 PM - 4:25 PM	Warm Up XCE		
	4:30 PM - 6:00 PM	Eliminator (XCE) Qualifying Heats		90 min
PAN AM CHAMPIONSHIP — ELIMINATOR (XCE) WOMEN/MEN (AGES 17+)				
	6:05 PM - 8:05 PM	Eliminator Races		120 min
	to follow	Awards		
THURSDAY 9-MAY	8:00 AM - 4:00 PM	Registration		
	9:00 AM - 2:00 PM	Training - XCO		
	2:00 PM - 4:00 PM	XCR Training Session - Only		120 min



PAN AM CHAMPIONSHIP -- TEAM RELAY (MIXED) XCR

4:00 PM - 5:30 PM	Team Relay	5.1k Black Course	90 min
To Follow	Awards		

BIKE FEST PRO/AM FUN RIDE/GRAVEL RACE

6:00 PM - 7:00 PM	Gravel Race - Bike Fest	Gravel Course	60 min
6:00 PM - 8:00 PM	Ride -- Meet and Greet		120 min

**FRIDAY
10-MAY**

9:00 AM - 4:00 PM	Registration		
9:00 AM - 10:30 PM	Training XCO		

PAN AM CHAMPIONSHIP — JUNIORS 12–14 XCO

11:00 AM	Men 12-14	4.8k Blue Course	45 min
12:00 PM	Women 12-14	4.8k Blue Course	45 min
To Follow	Awards		

PAN AM CHAMPIONSHIP — JUNIORS 15–16 XCO

1:00 PM	Men 15-16	4.8k Blue Course	45 min
2:00 PM	Women 15-16	4.8k Blue Course	45 min
To Follow	Awards		

NON-CHAMPIONSHIP -- CAT 1-2-3- WOMEN/MEN (AGES 19+) XCO

3:15 PM	Men Cat 1-2-3 19+	4.8k Blue Course	60 min
4:30 PM	Women Cat 1-2-3. 19+	4.8k Blue Course	60 min
To Follow	Awards		

NON-CHAMPIONSHIP -- CAT 1-2-3- WOMEN/MEN (AGES 19+) XCO

5:45 PM - 6:00 PM	Elite women warm up	1.1 K course	15 min
6:05 PM	Elite women	1.1 K course	30 min
6:45 PM- 7:00 PM	Elite men warm up	1.1 K course	15 min
7:05 PM	Elite men	1.1 K course	30 min
To Follow	Awards		
7:45 PM	Band		

COMPETITION SCHEDULE

DATE	TIME	RACE	COURSE	RACE TIME
SATURDAY 11-MAY	8:00 AM - 4:00 PM	Registration		
NON-CHAMPIONSHIP—CAT 2-3 JUNIOR 11-14 XCO				
	8:00 AM	JR M 11-14 Cat 2/3	4.8k Blue Course	45 min
	8:02 AM	JR W 11-14 Cat 2/3	4.8k Blue Course	45 min
NON-CHAMPIONSHIP—CAT 1-2-3 JUNIOR WOMEN XCO				
	9:00 AM	Cat 1 JR Women 15-16/17-18	4.8k Blue Course	45 min
	9:01 AM	Cat 2/3 Jr Women 15-16 / 17-18	4.8k Blue Course	45 min
	To Follow	Awards		
NON-CHAMPIONSHIP—CAT 1-2-3 JUNIOR MEN XCO				
	10:00 AM	Cat 1 JR M 17-18	4.8k Blue Course	60 min
	10:01 AM	Cat 1 JR M 15-16	4.8k Blue Course	60 min
	10:02 AM	Cat 2 JR M 17-18	4.8k Blue Course	60 min
	10:03 AM	Cat 2 JR M 15-16	4.8k Blue Course	60 min
	10:04 AM	Cat 3 Jr M/W 15-18	4.8k Blue Course	60 min
	To Follow	Awards		
PAN AM CHAMPIONSHIP—JUNIOR 17-18 XCO				
	11:15 AM	Junior Women (17-18)	5.1k Black Course	75 min
	12:45 PM	Junior Men (17-18)	5.1k Black Course	75 min
	To Follow	Awards		
PAN AM CHAMPIONSHIP—U23 XCO				
	2:15 PM	U23 Women	5.1k Black Course	90 min
	4:00 PM	U23 Men	5.1k Black Course	90 min
	to follow	Awards		
	5:40 PM - 8:00 PM	Registration and Training XCO		



DATE	TIME	RACE	COURSE	RACE TIME
SUNDAY 12-MAY	8:00 AM - 12:00 PM	Registration		
	8:00 AM - 8:45 AM	Training Session		

NON-CHAMPIONSHIP—CAT 1-2-3 JUNIOR WOMEN XCO

9:00 AM	Cat 1- 2- 3 JR W 17-18	4.8k Blue Course	60 min
---------	------------------------	------------------	--------

NON-CHAMPIONSHIP—CAT 1-2-3 JUNIOR MEN XCO

10:15 AM	Cat 1 JR M 17-18	4.8k Blue Course	60 min
----------	------------------	------------------	--------

10:16 AM	Cat 2 JR M 17-18	4.8k Blue Course	60 min
----------	------------------	------------------	--------

10:17 AM	Cat 3 JR M 17-18	4.8k Blue Course	60 min
----------	------------------	------------------	--------

To Follow	Awards		
-----------	--------	--	--

11:30 AM - 12:30 PM Training Session – UCI ONLY

SOHO BIKE FEST UCI C2—WOMEN/MEN 17-18

12:35 PM	Junior Women (17-18)	5.1k Black Course	75 min
----------	----------------------	-------------------	--------

2:05 PM	Junior Men (17-18)	5.1k Black Course	75 min
---------	--------------------	-------------------	--------

To Follow	Awards		
-----------	--------	--	--

PAN AM CHAMPIONSHIP—ELITE XCO

3:30 PM	Elite Men	5.1k Black Course	90 min
---------	-----------	-------------------	--------

5:30 PM	Elite Women	5.1k Black Course	90 min
---------	-------------	-------------------	--------

To Follow	Awards		
-----------	--------	--	--



USA CYCLING

COPACI PAN AMERICAN MOUNTAIN BIKE CHAMPIONSHIPS AT SOLDIER HOLLOW

0 50 100 150 200 m

4.8k Blue Course

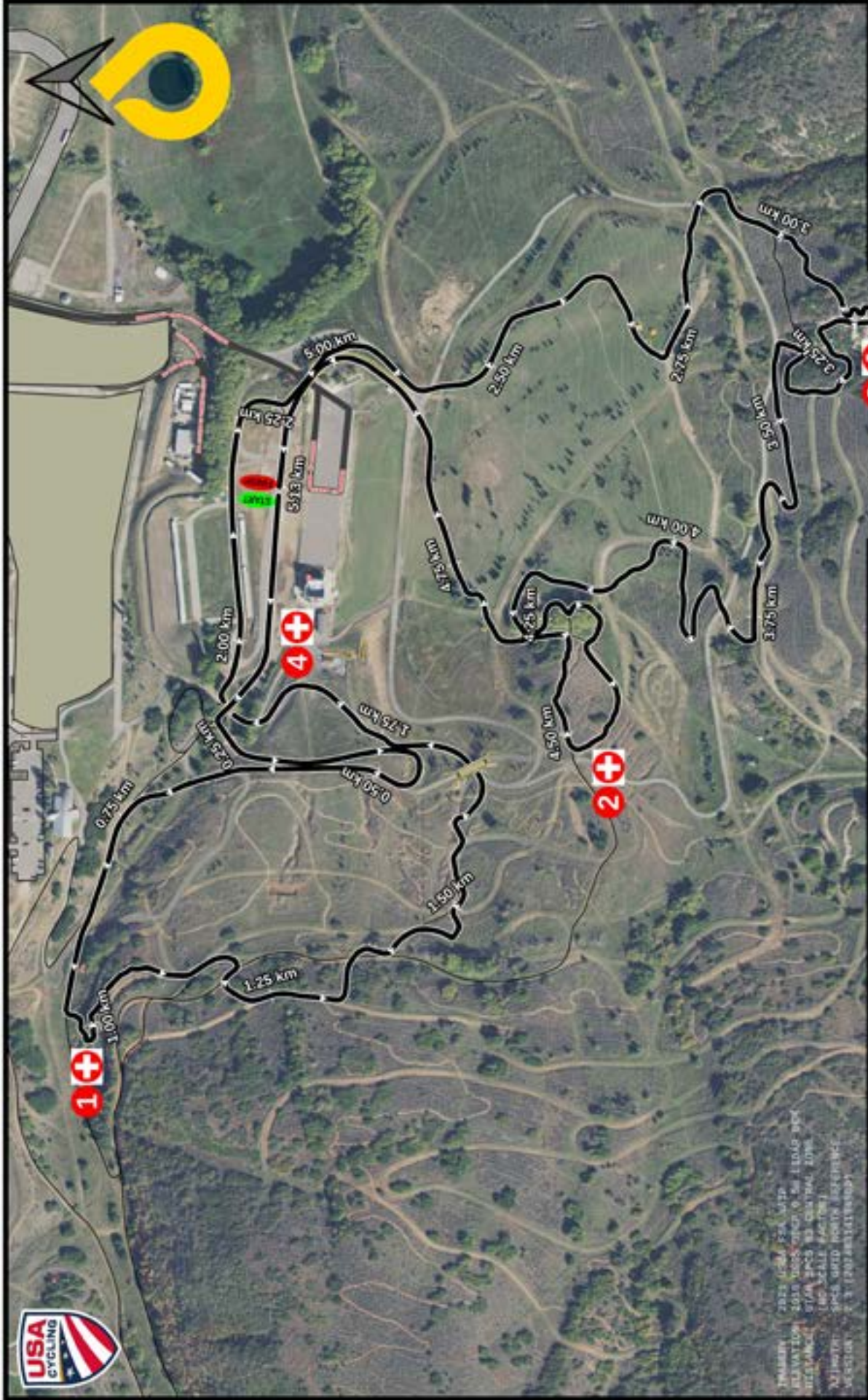
2024 PanAm & Soldier Hollow Bike Festival
8 - 12 May 2024

Soldier Hollow Nordic Center
Midway, Utah

4.8k Blue Course

2024 PanAm & Soldier Hollow Bike Festival
8 - 12 May 2024

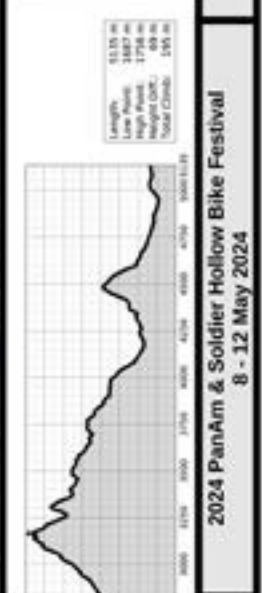
Soldier Hollow Nordic Center
Midway, Utah



COPACI
 PAN AMERICAN
 MOUNTAIN BIKE
 CHAMPIONSHIPS
 AT SOLDIER HOLLOW

0 50 100 150 200 m

Soldier Hollow Nordic Center
 Midway, Utah

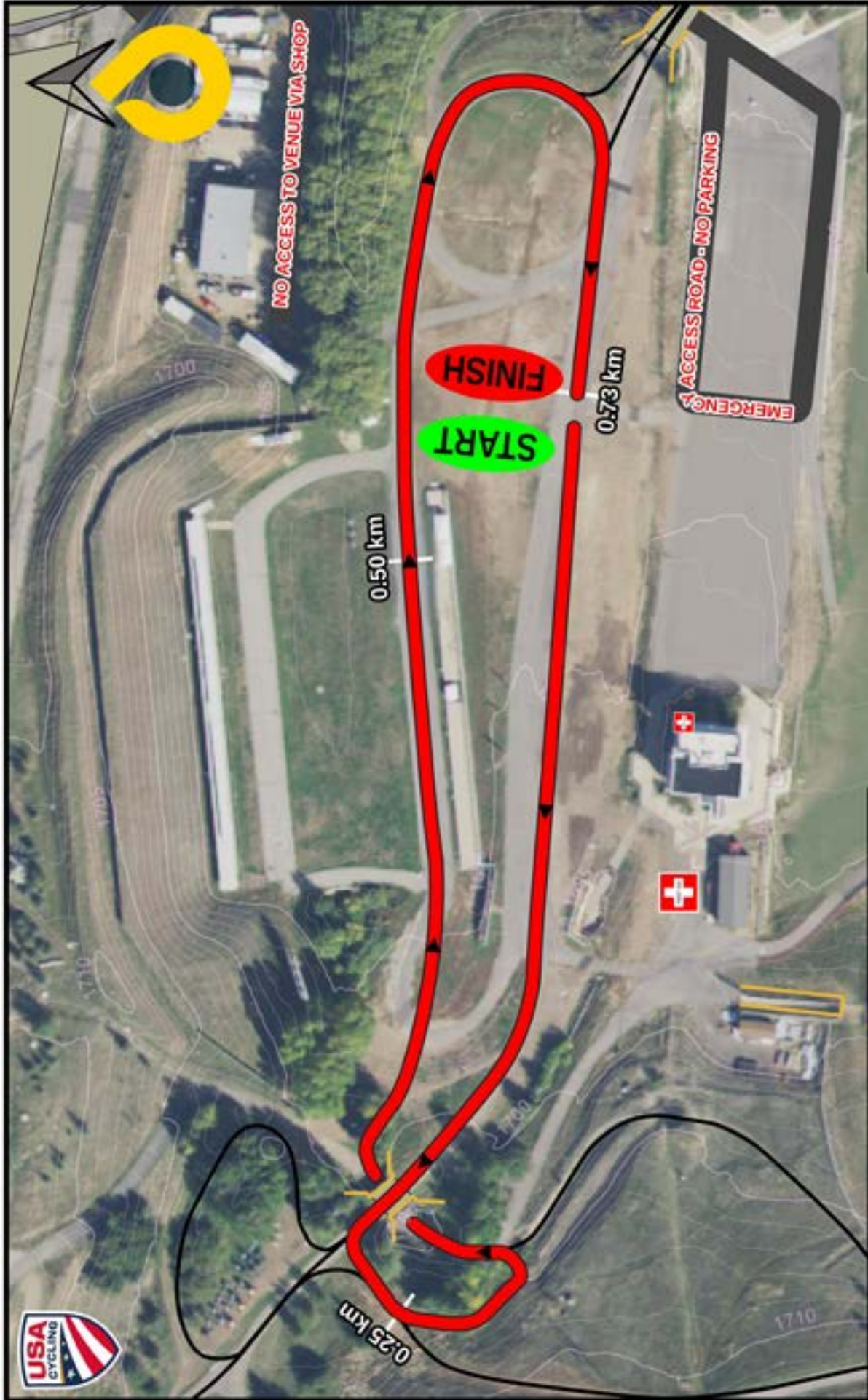


2024 PanAm & Soldier Hollow Bike Festival
 8 - 12 May 2024

5.1k Black Course

IMAGERY: 2023 © 2024 FSA, with
 permission from the U.S. Army
 Garrison, Soldier Hollow, Utah
 DISTANCE: 5.1 km (3.17 miles)
 LEG SCALE: 1:50,000
 ALTITUDE: 900-1700 meters
 LOCATION: 39° 31' 30" N, 109° 51' 30" W



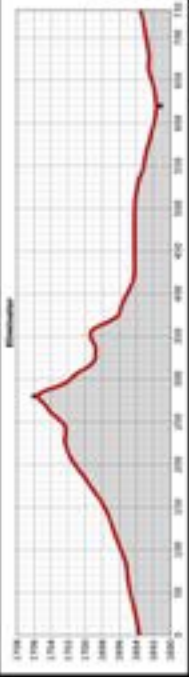


COPACI
 PAN AMERICAN
 MOUNTAIN BIKE
 CHAMPIONSHIPS
 AT SOLDIER HOLLOW



IMAGERY: 2821 000A F54 NADP
 ELEVATION: 2833 USGS 30EP 6 54 LIGAR 06N
 DISTANCE: UTM SPCS 33 CENTRAL ZONE
 UNO SCALE FACTOR
 AZIMUTH: SPCS 0810 NORTH REFERENCE
 VERSION: 2.3 (2022072803451)

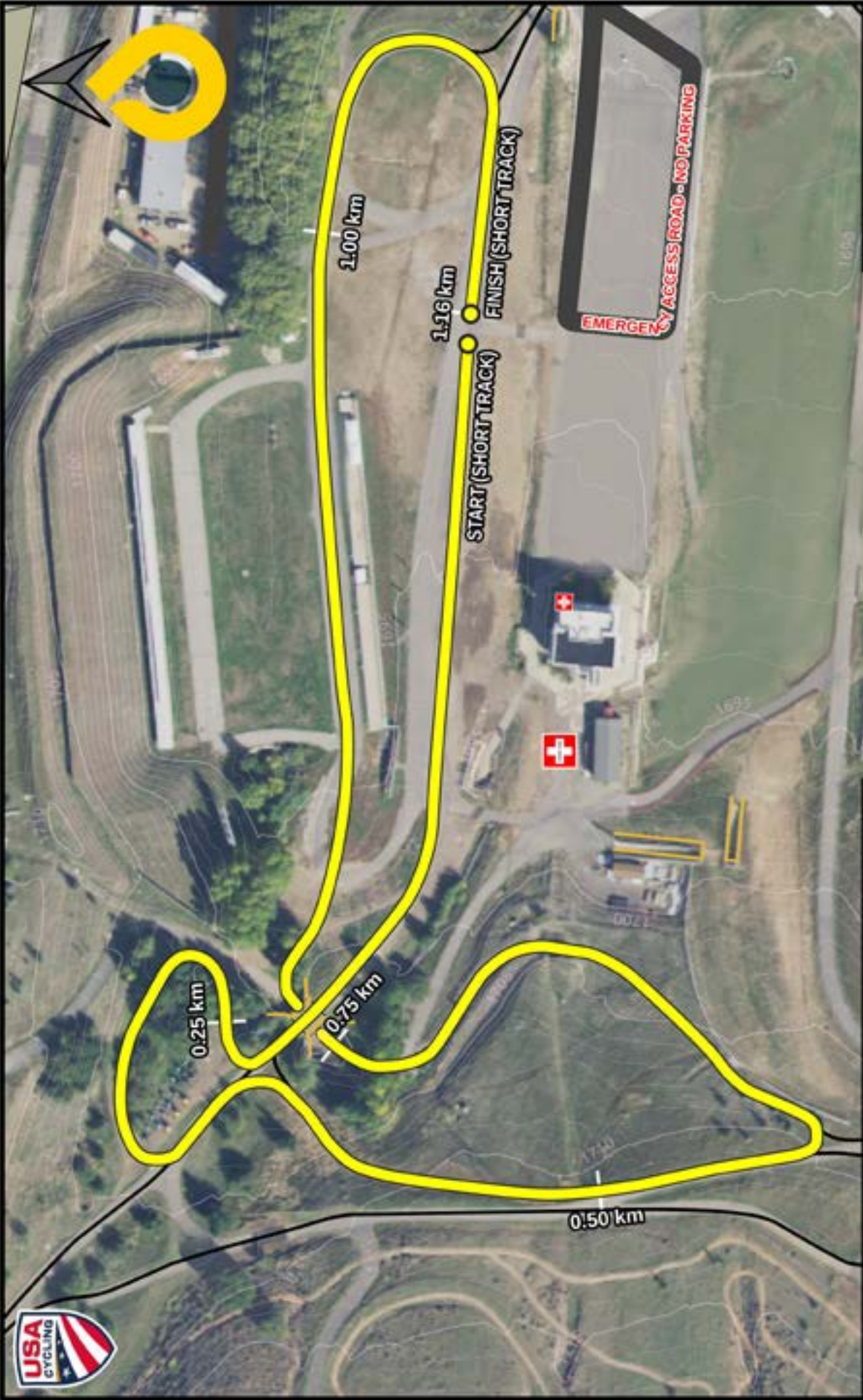
Length:	127 m
High Point:	1706 m
Height DIF:	24 m
Total Climb:	25 m



Soldier Hollow Nordic Center
 Midway, Utah

2024 PanAm & Soldier Hollow Bike Festival
 8 - 12 May 2024

Eliminator



COPACI
 PAN AMERICAN
 MOUNTAIN BIKE
 CHAMPIONSHIPS
 AT SOLDIER HOLLOW

IMAGERY: 2023 USGS FGA NADP
 ELEVATION: 2020 USGS 30M 0.5M LIDAR BOP
 DISTANCE: UTM SPCS 03 CENTRAL ZONE
 ALGORITHM: UTM SCALE FACTOR
 VERSION: SPCS 8310 NORTH REFERENCE
 UTMZONE: 2 4 (2126921430000)



Short Track

2024 PanAm & Soldier Hollow Bike Festival
 8 - 12 May 2024

Soldier Hollow Nordic Center
 Midway, Utah





COPACI
 PAN AMERICAN
 MOUNTAIN BIKE
 CHAMPIONSHIPS
 AT SOLDIER HOLLOW

0 50 100 150 200 m

Soldier Hollow Nordic Center
 Midway, Utah

2024 PanAm & Soldier Hollow Bike Festival
 8 - 12 May 2024

GRAVEL RACE

Length:	4.91 mi
Low Point:	6880 ft
High Point:	7793 ft
Height Gain:	913 ft
Total Climb:	124 ft



TIMING / RESULTS

Timing and Scoring provided by One2Go Event Services

ONE2GO WEBSITE FOR RESULTS

<https://livelynxresults.com/>

ANTI-DOPING

The U.S. Anti-Doping Agency (USADA) will be exercising its authority to conduct anti-doping testing at this event. All riders are subject to potential testing based on criteria set forth by the USADA, the UCI and USA Cycling. More information about banned substances and doping control can be found by visiting: www.usada.org.

All athletes who compete in the Pan American Mountain Bike Championships are subject to drug testing.

TESTING PROCEDURES

The testing location will be the building adjacent to the start/finish area.

If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process. Athletes must be escorted by the USADA chaperone or Doping Control Officer (DCO) to gain access to the testing facility. Athletes being tested who have commitments at the awards ceremony or press conference may attend those ceremonies before reporting to testing, but must be accompanied by the USADA chaperone at all times.





SAFESPORT

Athlete safety and well-being is of the utmost importance to USA Cycling. To help create and foster a safe environment that is free from misconduct and abuse at all USA Cycling events, please review USA Cycling's Safe Sport Program Policies, including reporting requirements and the Minor Athlete Abuse Prevention Policies (MAAPP). All Participants at USA Cycling sanctioned events must abide by these policies.

PROHIBITED CONDUCT

All Participants at this event are expected to refrain from engaging in Prohibited Conduct as defined by the US Center for SafeSport Code. Prohibited Conduct includes but is not limited to the following: sexual misconduct, emotional misconduct, physical misconduct, bullying, harassment, hazing, and violations of the MAAPP.

MAAPP

These policies have been adopted by USA Cycling to establish clear boundaries between participants in cycling and to reduce isolated one-on-one interactions between minors and adults in cycling and apply during all USA Cycling events, including before, during and returning from the event: One-on-One Interactions; Meeting & Training Sessions; Athletic Training Modalities; Locker Rooms; Transportation; Lodging; Electronic Communications.

REPORTING REQUIREMENTS

Adult Participants are required to report violations of USA Cycling's Safe Sport Program, including violations of the MAAPP. The mandatory reporting requirements apply to Adult Participants, but USA Cycling encourages anyone who becomes aware of or experiences misconduct or abuse to report those allegations via the links provided below. While USA Cycling is committed to providing a safe environment for all participants, the organization can't address behaviors or problems it is unaware of, so your engagement in reporting is instrumental in ensuring safety for all.



REPORT SEXUAL MISCONDUCT TO THE
US CENTER FOR SAFESPORT



REPORT OTHER FORMS OF MISCONDUCT,
INCLUDING MAAPP VIOLATIONS, TO USA CYCLING



COPACI

**PAN AMERICAN
MOUNTAIN BIKE
CHAMPIONSHIPS
AT SOLDIER HOLLOW**

